

PATIENT CLEANING & CARE GUIDE

The Keles Keyless Expander (KKE) features a sophisticated and unique design that makes it both innovative and easy to use. To ensure the mechanism works consistently throughout treatment, and to support the patient's overall oral health, daily cleaning is essential.

DAILY CLEANING INSTRUCTIONS

Use a regular toothbrush and an interdental / proxy brush or Waterpik to clean all surfaces of the expander, especially the screw threads, pin, area around the activating arm, and gears. Ensure there is no food stuck between the expander and the palate.

Food debris can become trapped and interfere with the mechanism, making activation difficult. While rare, this is preventable with proper hygiene. This recommendation is standard for all functional orthodontic appliances, and is not unique to the KKE. More importantly, daily cleaning helps prevent plaque accumulation and supports periodontal health, protecting against gum inflation, bone loss, etc.

Patients should avoid:

To help prevent tooth decay, gum disease, staining, or damage to the expander, patients should **avoid**:

- Hard / sticky foods
- Sugary or acidic drinks

